

6-The Saved Mind

8/7/2022

INTRO:

I. Ephesians 6:16-17

*In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the **helmet of salvation** and the sword of the Spirit, which is the word of God.*

II. Isaiah 59:17

*He put on righteousness as his breastplate, and the **helmet of salvation** on his head.*

III. Heb (*yeshuah*) passive participle, saving, delivering, helping

IV. YOU'VE GOT TO PROTECT THE MELON

A. Mark Stucki breaking his tooth on my head

B. Hitting my head on the fire sprinkler

BODY:

I. Guarding Our Meditations

A. It is not just our words that matter but our meditations.

1) Psalms 19:14

*May the words of my mouth and the **meditation of my heart** be pleasing in your sight, O Lord, my Rock and my Redeemer.*

2) WATCHING MY WORDS AND MY THOUGHTS

3) "Heart, soul, strength, **mind**" (Luke 10:27)

B. Whatever we dwell on will dominate our outcome.

1) Philippians 4:8

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

2) BRENT TODD SLAMMING INTO THE CAR DOOR

II. Protecting Our Thoughts

- A. The toughest battles that we face are in our minds.
- 1) **2 Corinthians 10:5-6**
*We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every **thought** to make it obedient to Christ.*
 - 2) "All warfare is based on deception. Hence, when able to attack, we must seem unable; when using our forces, we must seem inactive; when we are near, we must make the enemy believe we are far away; when far away, we must make him believe we are near."—Sun Tzu
 - 3) **MAGICIAN CONTROLLING OUR ATTENTION**
- B. It is what goes on inside our minds that controls our choices.
- 1) **Titus 2:11-13**
For the grace of God has appeared that offers salvation to all people. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age.
 - 2) Grk (*sofrónos*) saved thinking
 - 3) **Football players with Chronic Traumatic Encephalopathy**

III. Anchoring Our Hope

- A. Hope is what keeps us looking for the good out of life.
- 1) **1 Thessalonians 5:8**
*But since we belong to the day, let us be sober, putting on faith and love as a breastplate, and the **hope of salvation** as a helmet.*
 - 2) **LUKE TAKING OFF DARTH VADER'S HELMET**

B. As long as Christ is at the center, there is always hope.

1) **Hebrews 6:18-19**

*God did this so that, by two unchangeable things in which it is impossible for God to lie, we who have **fled to take hold of the hope** set before us may be greatly encouraged. We have this **hope as an anchor for the soul**, firm and secure.*

2) **GETTING THE BIG ANCHOR OUT**

OTHER SCRIPTURES:

Ephesians 1:18-19

I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, and his incomparably great power for us who believe.